

Beauty

As we leave January, it's time to take stock of our routines and regimes, invest in exfoliating products and nourishing skin treats. Valentine's Day will soon be here, so a new fragrance beckons. Here's what we love this week.

Words by Stephanie Smith

1: Agent Provocateur Miss AP Eau de Parfum

A bold and sensual fragrance which opens with notes of pink pepper and ylang-ylang, leading to middle notes of geranium, bourbon and rose, and resting on warming base notes of patchouli, sandalwood and amber. The 100ml eau de parfum costs £69 and AP has opened a pop-up shop for Valentine's at House of Fraser Meadowhall.



2: Liz Earle Cleanse & Polish Bergamot

The Cleanse & Polish Bergamot & Juniper is a new limited edition fragrance of the legendary Liz Earle hot cloth cleanser, fresh and zingy so perfect for a morning cleanse, although it can be used at night too. It comes in a handy pump dispenser with muslin cloth and costs £23.50 for 150ml at Liz Earle shops including the Leeds Victoria Quarter store.



3: Dr Bronner Organic Hand & Body Lotion

In a gorgeous lavender and coconut fragrance, this is nourishing and deeply hydrating, great for rough and dry hands and skin that needs TLC, using organic jojoba oil and lavender oil to heal and soothe, organic coconut oil to moisturise, organic hemp and avocado oils to keep skin smooth and supple. It's £10.49 at DrBronner.co.uk.



4: Time Bomb Divine Intervention Glow Oil

This is a pure and natural healing oil created to help skin feel and look tranquil, rested, more youthful and of course glowing. It contains a blend of frankincense and myrrh, tsubaki, rice bran, pomegranate and cannabis sativa oil, with anti-inflammatory properties to soothe, smooth, brighten and even skin tone. It's £50/30ml, Timebombco.com.



5: L'Oreal Smooth Sugars Clear Scrub

Using fine sugars and kiwi seeds, this lovely scrub can be used on face and lips, with a light gel texture and a heated sensation to help clear blackheads, purify the skin and reduce the size of pores. You use it on dry skin, add warm water, let the sugars melt and rinse. Use three times a week. It costs £9.99 at Boots where selected L'Oreal is now on at three for two.



HOW TO GET THE LOOK Naomi Watts keeps it elegant for the premiere of Luce at the Sundance Film Festival with a sleek bob and a deep red matt lip. Try Nars Powermatte Lip Pigment, £23, at Space NK. (Photo by Arthur Mola/Invision/AP)

HOW TO GET THE BEST BLOW-DRY

For those in search of the perfect blow-dry, Show Beauty at Harvey Nichols in Leeds, has these tips. Stephanie Smith finds out more.

"Preparation is key," says senior stylist at Show Beauty, Benedict O'Kelly. "Many people focus on just styling products, but the shampoo and conditioner you use are equally important to ensure you have a healthy and primed foundation to achieve the look you want," he says. "As most of our clients are looking to boost volume and thickness, the Show Beauty Lux Volume Shampoo and Conditioner (£30 each, Harvey Nichols) is our most popular care range. The collection contains wheat protein to add weightless lift and volume at the roots."

His go-to styling product for creating volume from the root is Show Beauty Lux Volume Mist (£36) to lift the hair shaft creating volume and fullness with sunflower seed and lychee extracts. "Simply apply to the roots and blow dry with a round

ceramic brush and watch as your hair is transformed," he says.

For thickness through the mid lengths and ends, there's a Thickening Lotion (£41) with co-polymers and beeswax which react with heat to expand each individual strand and prevents split ends. "Mousse is another one of my secret weapons," says Benedict. "It's a product that many people fear because they think it will leave their hair feeling crispy but that's a complete misconception." Show's Volume Mousse (£30) has soy protein to seal moisture and a memory hold system to blow dry the hair with volume and curl that lasts until you wash it again.

Finish with hair spray. Benedict says: "If you want a soft and classic finish that will maintain your volume then

Show Beauty Premiere Finishing Spray is perfect (£31). It gives flexible hold and contains argan oil to add moisture and shine. If you want something a bit stronger and to add texture Working Texture Spray (£31) is a must. It gives instant volume and strong hold. It contains volcanic ash to achieve a more structured, undone style."

As a special offer for readers, Show Beauty at Harvey Nichols Leeds is offering a blow-dry for £15 (saving £10) or free with any Show Beauty product. Offer valid on Fridays and Saturdays until May 31, 2019. Email leeds@showbeauty.com to book appointment, quoting Yorkshire Post.

ADD VOLUME: Show Beauty Thickening Lotion, £41, at Harvey Nichols.

