



Go balmy

Balm Balm

Frankincense Deep Cleansing Balm, £9.50 (1.01fl oz/30mL)
www.balmbalm.com; tel: 01606 835 607

This totally organic balm is a rich combination of sunflower oil, jojoba oil, shea butter, beeswax, *Calendula* extract, and essential oils of frankincense and grapefruit, formulated to cleanse the skin of makeup and daily grime. Simply massage the balm into the face and neck and remove with a damp muslin cloth. Unlike some synthetic-based cleansers, it leaves the skin feeling soft and hydrated rather than dry and tight.



Head to toe

Dr. Bronner's

Organic Hand & Body Lotion, Orange Lavender, £10.49 (8fl oz/237mL)
www.drbronner.co.uk; tel: 0203 823 6629

Dr. Bronner's makes a great range of affordable, multipurpose organic skincare essentials, including this Hand & Body Lotion, which can be used on the face too. It includes nourishing plant oils of avocado, coconut, jojoba and hemp to leave skin supple and smooth, plus natural essential oils of lavender and orange for a lovely, synthetic-free scent.

Come up roses

Alteya Organics

Certified Organic Bulgarian Rose Water Spray, £7.20 (3.38fl oz/100mL)
www.alteya.co.uk; tel: 01606 835 607

Bottled in Bulgaria's 'Valley of Roses,' this is 100 percent pure and organic rose flower water—the water that remains after the extraction of rose essential oil by distillation—that can be sprayed over the skin for instant hydration or used on a cotton pad as a daily face toner after cleansing. You can also use it to soothe sunburn or talm skin after shaving, thanks to its anti-inflammatory properties.

