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BEAUTY ★ FASHION ★ FOOD & DRINK
GARDENING ★ INTERIORS ★ MOTORING
OUTDOORS ★ TECHNOLOGY
TELEVISION ★ TRAVEL



Seven-day TV listings plus pick of the best television and films for the week ahead

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LIVE FOR THE WEEKEND



BEAUTY RAISE THE BAR

Everything comes back into fashion eventually – even bars of soap. Eclipsed in recent years by fancy hand washes, there is an old-fashioned charm to a soap bar and they last for an age, making them the most cost-effective way of getting clean. So you can afford to splurge every now and again.

Mike Bronner, president of Dr Bronner (and grandson of the original “Dr” Bronner), has some ideas on why we’re getting in a lather about soap bars all of a sudden. “Our Pure Castile Bar Soaps have always been very popular but in 2018 we’ve seen a 30 per cent surge in sales of these soaps in the UK, likely due to the movement away from plastic, plus they’re a sustainable, affordable and eco-friendly option as the entire bar, including its recycled paper packaging, is biodegradable. The apothecary aesthetic makes them great gifts and a classic essential for your beauty shelf.”

Rich in fragrance and ultra moisturising due to their high shea butter content, these soaps are highly foaming and, let’s face it, there is nothing quite as alluring as the scent of freshly showered skin. Virtuous, thrifty, awfully pretty and achingly hip. Who would have thought it, and these aesthetically pleasing examples are certainly worth unwrapping.

- Aerin Mediterranean Honeysuckle soap, £22, 176g at Estee Lauder and John Lewis
- Aerin Waterlily Sun soap, £22, 176g at Estee Lauder and John Lewis
- L’Occitane Herbae perfumed soap, £5, 100g at L’Occitane, Debenhams and John Lewis
- Jo Malone English Pear & Freesia soap, £15, 100g at Jo Malone, House of Fraser and John Lewis
- Crabtree & Evelyn Lavender & Espresso calming soap, £7.50, 158g at Crabtree & Evelyn and John Lewis
- Dr Bronner’s All-one Hemp Lavender Pure Castile soap, £4.99, 140g at Dr Bronner’s and Feel Unique
- Marble soap dishes, £12, each. Blush quick-dry bath sheet, £14, both John Lewis

STOCKISTS:
CRABTREE & EVELYN (WWW.CRABTREE-EVELYN.COM)
DEBENHAMS (WWW.DEBENHAMS.COM)
DR. BRONNER’S (WWW.DRBRONNER.COM)
ESTEE LAUDER (WWW.ESTEEAUDER.CO.UK)
FEEL UNIQUE (WWW.FEELUNIQUE.COM)
JOHN LEWIS (WWW.JOHNLEWIS.COM)
JO MALONE (WWW.JOMALONE.CO.UK)
L’OCCITANE (UK.LOCCITANE.COM)