WORLD

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Love

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£7.49,

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oil shampoo

Who's leading the way in sustainability?

KATIE WRIGHT looks at the companies taking steps to improve their environmental footprint

AST year, a law came into force banning microbeads - the tiny plastic particles used in products like facial scrubs - because they were being ingested by marine life, and the beauty industry patted itself on the back for a job well done.

Of course, eliminating microbeads was a step in the right direction, but take a look at the average bathroom shelf and you'll discover there's still a long way to go, as manufacturers are so heavily dependent on plastic packaging to house all those lotions and lipsticks.

The UK uses 13 billion plastic bottles each year, according to the House of Commons Environmental Audit Committee report. Clearly, we need to be reducing the amount of single-use plastic we use and send to landfill, while also increasing the amount we recycle - and fast.

While it may sometimes seem that the beauty industry is doing more harm than good in the battle against plastic pollution, there are a number of companies taking steps to improve their packaging and environmental impact.

Lush, which has a long history in environmental and animal activism, has just opened its first 'Naked' shop in the UK, with the Manchester store selling only plastic packaging-free products, such as shampoo bars and solid cleansers.

French brand L'Occitane has announced a commitment to use 100% recycled plastic for its packaging by 2025, while Urban Veda has partnered with Plastic Oceans Foundation UK, pledging 10% of all online sales to support the charity in its fight against plastic polludon.

Want to do your bit? Here are some brands that can help make your beauty routine more green...

IN addition to the new shop, Lush's plastic packaging-free products are also available online and the brand recently made its Naked skincare range permanent, due to its popularity with fans. If you're looking for a sustainable alternative to face wipes, try the reusable and biodegradable 7 To 3 Cleansing Wipes.

2 NATURAL WORLD
"DID you know that plastic bottles take 450 years or more to decompose?" says Michael Eggerton, director at Brodie and Stone, where bottles are made from 100% recycled plastic with bio based labels made

from sugar cane. Michael admits that making the move to a recycled material wasn't easy. Because the new plastic comes from a mix of sources, it has a grey tint, rather than being clear.

3LOVE BEAUTY AND PLANET

IN response to consumer demand, Unilever has launched new vegan brand Love Beauty And Planet.

Every bottle in the hair, body and skincare range is made from recycled plastic and is recyclable.

Currently, the bottle tops aren't recycled, but the company is committed to finding a sustainable solution for the caps too.

ADR BRONNERBAR soaps are best in terms of preventing waste and Dr Bronner has a range of those, but even its liquid soaps are eco-friendly, coming packaged in a 100% ost-consumer recyclea plastic bottles.

Mike Bronner, president of Dr Bronner, says: "By turning used plastic bottles into new plastic

Lush

Amazon

primer

naked

facial oil

£9.95

products."

bottles and products, we help conserve virgin resources, reduce landfill,

and capitalise on the energy already invested in making existing plastic

Dr Bronner baby unscented purecastile liquid soap £7.69

Cosmydor E/2 essential

Packaging is made



5 BRAMLEY
NATURAL beauty brand Bramley made the switch from traditional plastic bottles to more sustainable biopolymer HDPE, which is derived from sugar cane, thereby reducing greenhouse gas

emissions.

We are really excited Bramley body to be one of the first lotion £4 bath and body companies to change the material of our bottles to biopolymer HDPE," says founder Chloe Luxton.

6MILD LOTS of make-up companies are lagging behind in terms of packaging

Miild mineral blush in cherise splendid improvements, £30, Klarify but there are some notable exceptions, such as Danish brand

Miild, which makes allergy and eco-certified cosmetics. "We take our environmental impact very seriously - any products that can come in cardboard, do,"

says co-founder Tanja Gregersen. 'So that's all of our mineral powders, bronzers, blushers, concealers and eyebrow/eyeshadow

Co-founder Tine Emilie Svendsen adds: "Today, when we meet our customers, we know we've made a difference to every woman who wants to wear make-up with a clear conscience, for her body and the environment."

7 COSMYDOR PARISIAN eco luxe brand Cosmydor makes 'virtuous cosmetics' and has a no plastic policy.

care tonka face cream £35



Clockface makes organic vegan products for women and men. All its packaging is recyclable, made from either amber glass or fully recyclable plastic, and wherever possible, is made from recycled material.

Clockface

enhanced

recovery

body oil,



Natural Deo Co clean deodorant balm orange and bergamot £11, All Beauty

9 NATURAL DEO CO LOOKING for an eco-friendly

deodorant? The Natural Deo Co creates natural, cruelty free, vegan approved balms that are packaged in plastic-free jars.



Little Beau Sheep Suffolk sheep felted soap £9.45

10 LITTLE BEAU SHEEP EASILY the most adorable plastic-free product on the market, Little Beau Sheep lanolin soaps come wrapped in 100% wool and adorned with a sweet little sheep

When you wet it, the soap lathers up and acts as a flannel, and once the soap runs out all you have left is a biodegradable ball





THE ghd Glide promises to tame strays and banish kinks. LIZ CONNOR decides if it's worth the £125 price tag.

ALONGSIDE shedding strands everywhere you go, washing your hair is easily one of the worst things about having long tresses.

If you regularly spend a lot of time under the hairdryer, you're probably a big fan of stretching out your non-hair washing days for as long as possible. The problem is that after a night of tossing and turning in bed, your second or third day locks can end up looking pretty dishevelled.

That's where ghd's latest hair-taming tool comes in - a hot brush that's designed to gently smooth out any unwanted kinks or frizz that happen during the night.

It's basically the hair tool most of us never knew we needed. So, does it live up to the hype?

I love how intuitive and userfriendly it is. In less than a minute it's ready to go. The actual process of using the heated brush was so simple and took no more than ten minutes to complete. I simply grabbed my hair in sections and ran the brush over and underneath to smooth out any kinks.

The brush prongs aren't as pliable as plastic ones, so if you have knotty hair like me, I'd recommend initially brushing your hair beforehand. The results were definitely a major improvement in the frizz department.

■ The ghd Ġlide is available for a limited time. £125, ghdhair.com

CELEBRITY SECRET

to throw out most of the contents of our bathroom cabinets, it now turns out decluttering expert Marie Kondo has a couple of products she's not prepared to part with, including

libertylondon.com). We'd like to be mad, but she's right - it's great.

At least we have space for it on the bathroom shelf now.







