

House Husbands' Natalie Saleeba

# My bathroom #shelfie



The actress and natural-beauty lover reveals the wonder products that live on her bathroom shelves

I wash my hair with **1. Aveda Clove Shampoo \$59.95** – it cleans without stripping the colour, while the **2. Conditioner \$39.95** maintains it between treatments, because it's packed with brown pigment.

The first thing I do when I finish on set is take my makeup off with **3. DMK Deep Pore Pure Cleanser \$67** and I moisturise straight after with **6. Vanessa Megan N.E.O Nature's Elixir Face Oil \$79.95** combined with **5. Vanessa Megan Rose & Chamomile Hydrating Face Cream \$59.95**. It leaves my skin feeling radiant and glowing.

**4. Vanessa Megan Peruvian Flower Hand & Body Cream \$49.95** is my everyday body moisturiser. Her products are certified organic and are inspired by the philosophy that you should never put anything on your skin you wouldn't eat. I love that!

Wearing so much makeup on set has taught me that less is more. But for a night out, I love **7. Hourglass Illusion Skin Tint \$81** in beige for luminous coverage that doesn't clog my pores.

My makeup artist at work just introduced me to **8. It Cosmetics Bye Bye Under Eye Illumination Anti-Aging Concealer \$42** – it gets rid of dark circles.

I've always preferred a rosy cheek colour over bronzer. At the moment, my favourite is **9. Stila Convertible Colour in Lillium \$36**. It gives a healthy glow.

My eyes often get irritated by mascara, so I wear **10. By Terry Terrybly Mascara \$64**. The brush is good and I'm not allergic to it.

When it comes to my lips, I need a lot of moisture with a hint of colour, so all-natural **11. Hurraw! Organic Lip Balm in Black Cherry \$5.50** is my staple.

My signature fragrance is **12. Givenchy Live Irresistible EDP \$164**. I'm really enjoying all things "rose" at the moment.

I look after my nails with non-toxic **13. Butter London Handbag Holiday Cuticle Oil \$27** and **14. Butter London Horse Power Nail Fertilizer \$27**.



## Make the switch to natural beauty

Keen to try natural beauty products like Natalie? Lisa Bronner, from organic cult favourite Dr. Bronner's, shares her top three tips to getting started

**1 MAKE SMALL CHANGES**  
"Don't suddenly throw out every product you own," says Lisa. "Instead, target one item at a time and then look into ingredients and safer brands using the Environmental Working Group's 'Skin Deep' Database ([ewg.org/skindeep](http://ewg.org/skindeep))."

**2 READ THE INGREDIENTS**  
But look deeper than just marketing words. "The simpler and shorter the ingredients list, the better. If you're after organic ingredients, look for the Australia Certified Organic seal – it means the product has been reviewed and certified."

**3 KEEP IT SIMPLE**  
"Try an all-in-one product, such as Dr. Bronner's 18-in-1 Rose Pure-Castile Liquid Soap **\$5.95**" she says. "It can be used for everything from a body cleanser to shampoo, makeup brush cleaner, toothpaste, shaving gel and much more."